

**EAST DISTRICT CROSS COUNTRY RELAY
CHAMPIONSHIPS
SATURDAY 11th OCTOBER 2008
PRESTONPANS (Meadowmill)**

Referee	Ian Hislop
Clerk of Course	Henry Muchamore
Changeovers/Judges	Andy Law, Robin Thomas
Timekeepers	Ian Mann, Dave Cairns
Recorder (Time)	Alan Smith
Recorder (Places)	Fred McCluskie, Rachael Halliday
Starter	Barry Craighead
Declarations/Results	Peter Jackson, Phyllis Law Marjory Cook, George McEwan
Presentations	Sandra Hardacre
Announcer	Murdoch McGregor
Course Marshals	Haddington ELP, Musselburgh AC, Dunbar RC, Portobello RC
Convenor	Alex Jackson

Scottish Athletics thanks the following for their assistance in running to-days event

**East Lothian Council
The Athletics clubs of East Lothian
Staff of Meadowmill Sports Centre
British Red Cross**

RACE	START
Young Females	12.30pm
Young Males	1.00pm
Sen/Jun Females	1.30pm
Sen/Jun Males	2.30pm

NUMBERS
Men 1st Lap WHITE 2nd Lap WHITE 3rd Lap RED
4th Lap WHITE
All others races all laps white numbers

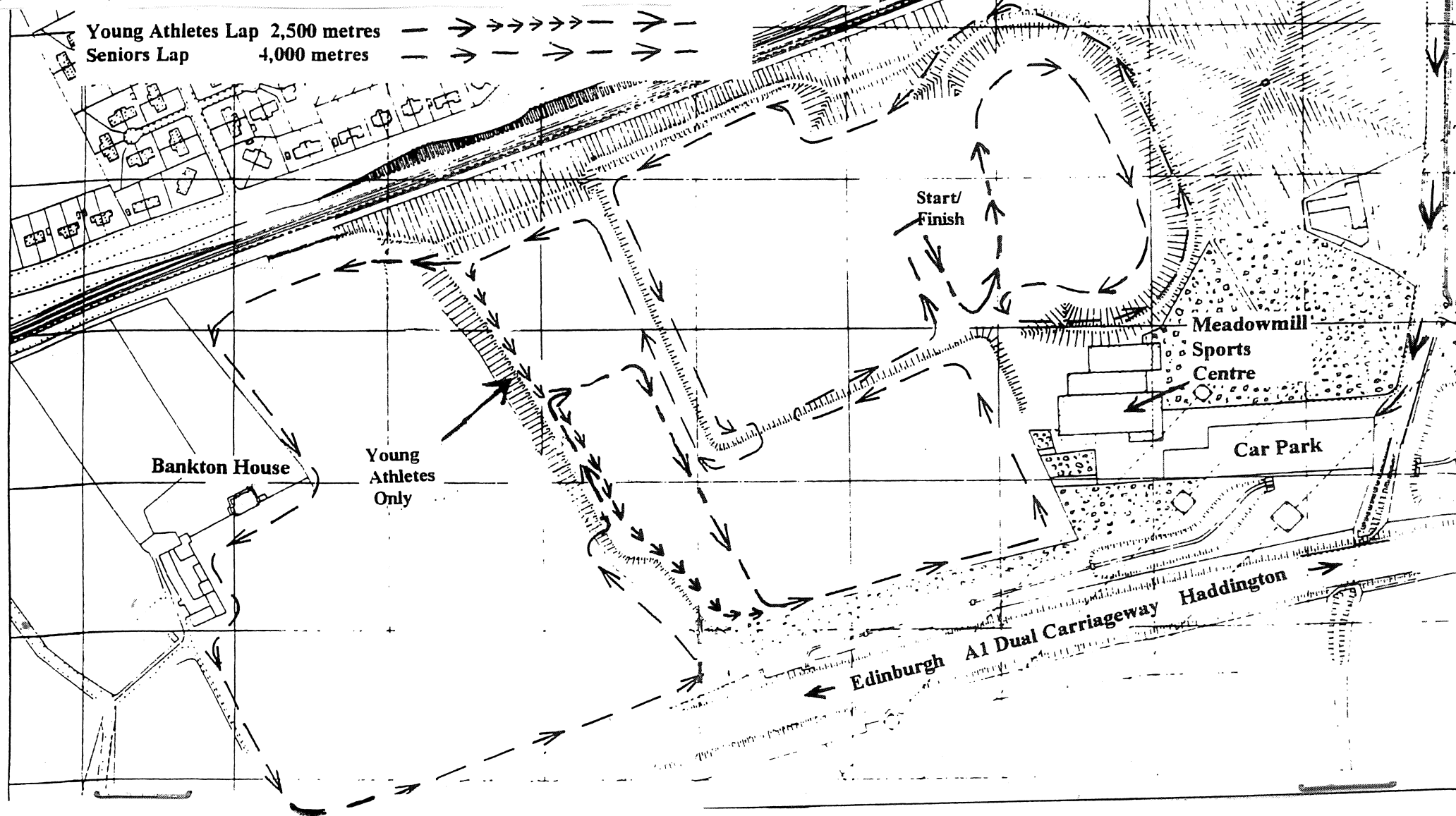
East District Cross Country Relays
Meadowmill Sports Centre, Prestonpans
Saturday 9th October 2010

scottishathletics 


East Lothian
 Council

Race	Declarations Close	Start
Young Females	12.00 noon	12.30 pm
Young Males	12.35 pm	1.05 pm
Sen/Jun Females (inc Masters)	1.10 pm	1.40 pm
Sen/Jun Males (inc Masters)	2.10 pm	2.40 pm

Young Athletes Lap 2,500 metres
 Seniors Lap 4,000 metres



**Young Female Athletes
3 X 2,500metres
Race Starts 12.30pm**

Aberdeen AAC

U13 Eilidh Prise
U15 Kate Murdoch
U17 Ellie Buchan
Katie Grace Taylor

Anna McErlean
Abbie Buchan
Rebekah Lowe

Rachel Armitage

Team Nos 69,70

Harriet McRae

Banchory Stone

U13 Kelsey Stewart
U15 Kathryn Christie
U17 Rhona Auckland

Team Nos 71

Central AC

U13 Kathryn Gillespie
Emily Greenan
U15 Julie Cook
Imogen Burnell
U17 Lorna Cameron

Roisin Bonucchi
Laura Clarke
Rachel Adamson
Stacey Hardman
Rosie Hastings

Tara Walls
Farren Parkins
Amy Hendry

Catriona Buchanan

Team Nos 72,73,74,75,76,77

Roanna Fraser
Lisa Hardman
Shona Buchanan

Corstorphine AAC

U13 Amber Robertson
U15 Lisa Christy
U17 Danielle Clyde

Shona McNab
Anna Hume

Sophie Stewart
Isabelle Bough

Team Nos 78,79

Dundee Hawkhill

U13 Rosanna Stewart
U15 Louisa Stewart
U17 Emily Stewart
Amy Barton

Aneila Mellish
Iona Brodie
Helen Coleman

Kirsty M Reynolds
Aeron Mellish
Yolanda Hodgson

Team Nos 80,81,82

Georgina Black

Edinburgh AC

U13 Anna Hyde
Heide Biberach-Laidlaw
Georgina Loudon
U15 Rachael Dunn
Laura Robertson
U17 Samantha Blair

Alexandra Hunter
Emily Strathdee

Caitlin Gray
Blair Wood
Emily Dudgeon

Millie Brown
Eilidh Thomson

Olivia Mackenzie

Claire Florence

Team Nos 83,84,85,86

Hannah Cameron
Rosie Wilson

Olivia O'Hare

Fiona Sinclair

Falkirk Victoria H

U13 Katherine Mitchell
Keri Greig
U15 Lucy Mitchell
Jane Ainslie
U17 Laura Martin

Julie Nimmo

Caitlin Thomson

Helen Ainslie

Sarah Hamilton

Team Nos 87,88,89,90

Jessica Stevenson

Hazel Murray Amy Manson

Fife AC

<u>U13</u>	Flora Ogilvy	Shona Doig	Stephanie Pennycook
<u>U15</u>	Grace Collison-Owen	Olivia Collison-Owen	Robyn Graham
	Halina Rees		
<u>U17</u>	Fiona Bracegirdle	Kirsty Hamilton	

Team Nos 91,92,93

Jemima Shannon

Lasswade AAC

<u>U13</u>	Amy Smith	Amy Frankland	Fiona Mathieson
<u>U15</u>	Madeleine Sweeney-Baird		Joanna Smith
<u>U17</u>	Kathryn Peacock		

Team Nos 94,95Sally Redpath
Megan Wright**Lothian RC**

<u>U13</u>	Lauren Arbuckle	Alice Horsburgh	Marie Mclaughlin
<u>U17</u>	Rachael McIlwraith	Lana Turnbull	

Team Nos 96**Perth Strathtay**

<u>U13</u>	Iona Tavendale	Niamh Guest	Holly Crane
<u>U15</u>	Emily Tait	Erin O'Kane	
<u>U17</u>	Shoni Tavendale	Rachel Clark	Susan Peddie

Team Nos 97**Pitreavie AAC**

<u>U13</u>	Eilidh MacKenzie	Eilidh Reid	Sara Eydmann
<u>U15</u>	Naomi Fox	Micaela Brown	Katie Reid
	Hannah Solley	Megan Kirk	Rose Fagan
<u>U17</u>	Natalie Fox	Lisa Mcalpine	

Team Nos 98,99,100,101Katey Turner
Kathryn Pennel**Team East Lothian**

<u>U13</u>	Gemma Bolton	Kerry Morris	Mhairi Cameron
<u>U15</u>	Katie Watson	Linzi Moffat	
<u>U17</u>	Emma L Yule	Joanne Lindsay	

Team Nos 102,103**Teviotdale Harriers**

<u>U13</u>	Louise Mercer	Catherine Mercer	
<u>U15</u>	Elidh Inglis		

Team Nos 104

**Young Male Athletes
3 X 2,500metres
Race Starts 1.00pm**

Aberdeen AAC

Team Nos 105,106

U13 Robert N Walton

Alec I Young

U15 Craig Wallace

David LaFehr

Samuel Stephen

U17 Ryan Gauld

Sigurd Watt

Tom Brodie

Lewis Stephen

Banchory Stone

Team Nos 107

U13 Sean Leith

U15 Andrew Melvin

U17 Stewart Clark

Central AC

Team Nos 108,109,110,111,112,113

U13 Domenico Angiolini

Robbie A Collier

Nathan Betton

Philip Wright

Michael McCabe

Alexander Semple

Duncan Ross

Malcolm English

U15 Gordon Milne

Logan Bonar

Ross Milne

Tom Watson

Roddy Irvine

Corin Metcalf

Sam Fraser

Kyle Petrie

U17 Andrew Butchart

Scott Green

David Hutchison

David MacKinlay

Sandy MacLarty

Christopher Clarke

Ross Barker

David Lindsay

Corstorphine AAC

Team Nos 114,115,116

U13 Alexander Wilkie

Daniel Johnston

Rory Henderson

Matthew Galloway

U15 Christopher Galloway

Dugald Hepburn

Callum Smith

Connor Johnston

Timothy Sawrey

U17 Andrew Christy

Fraser Scott

Ciaran Johnston

Edinburgh AC

Team Nos 117,118,119,120,121,122,123,124

U13 Jake Kerr

Robert Bough

Jack Harrison

Michael Cameron

Dominic O'Hare

Guy Wardrope

Patrick Ryan

Murray Blair Lewis A Ross

David Reed

Calum Robertson

U15 Jake Wightman

Peter Cameron

Ross Blair

Duncan ArnottAmil Mair

Tom Holligan

Sam Wightman

Ryan C Ross

Ruaridh Miller

Rory MacFarlane

Scott MacDougall

U17 Marcus Cram

Fraser Mann

Andrew Crichton

Peter Loudon

Marc Robson

Callum Wilson

Adam Jack

Nikhil Mair

Lewis Renton

Tom Ryan

Edward Dudgeon

Jonathan Wolf

Craig Paulin

Falkirk Victoria H

Team Nos 125

U13 Alastair Kirkwood

Ruari Kirkwood

Christy Malcolm

Bradley McCabe

Baillie McRoberts

Taylor Nimmo

U15 Mark Govan

Brian McKie

Ryan Steele

Ben Stevenson

Andrew Todd

Gavin Weir

U17 Andrew Crone

Lewis Grant

Jamie Hutton

Euan Martin

James Stevenson

Blair Mcluckie

Darren Weir

Fife AC

U13 Euan Berry
James Pennycook
U15 Ewan Paton
U17 Liam Hutson

Fergus Ingledew
Niall Curley
Ryan McIntosh
Mark S Buchan

James Killean
Jamie Ritchie
Adam Harris
Connor Hawkins

Team Nos 126,127,128,129

Logan Rees
Billy Rogerson
Callum McCracken
Andrew Hood

George Heriots

U13 Alistair Cranston
U15 Sandy Thin
U17 Roger Poolman
George Poolman

Ben Phelps
Max Ferguson-Hook
William Johnstone

Cameron Jeffrey
Sam Harrison
Grant McEwan

Team Nos 130,131,132

Gillies Semple

Gordon Revolta

Lasswade AAC

U13 Ross Henderson
U15 Ryan Cook
U17 Zander Lyon
Greg Loudon

Jamie Cousin
Adam Lyon
Lindsay Gordon

Callum Clark
Ross Miller
Ross Matheson

Team Nos 133,134,135

Gareth Fleming

Ryan Gilhooly

Perth Strathtay

U13 Michael Gillespie
U15 Andrew Forsyth
U17 Michael Jardine

Dean Byrne
Alex Jardine
Craig Ritchie

Euan Holmes
Andrew Davidson

Team Nos 136

Douglas Lambie

Pitreavie AAC

U13 Ben Potrykus
Daniel Clark
U15 Callum McQueen
U17 Richard Le Good

Aidan Thompson

Scott McAlpine
Craig Robinson

Liam Young

Ewan Dyer
Anthony Young

Team Nos 137,138,139

Andrew Burns

Team East Lothian

U13 John Archer
U15 Bruce Lindsay
U17 Andrew Crichton

Innes Ogilvie
Daniel Ingles
Alex Noble

Adam Redpath

Team Nos 140,141**Teviotdale Harriers**

U13 Matthew Mallin
U15 Josh Noble
U17 Mark McEwan

Team Nos 142

Senior/Junior Women
3 X 4,000metres
Race Starts 1.30pm

Aberdeen AAC				Team Nos 143
Sonia Armitage	Rhona Buchan	Laura Mahady	Laura Hepburn	
Carnegie H				Team Nos 144,145
Morna Fleming	Laura Stewart	Julie Humphreys	Lynne Bennet	Susan Cederstrom
Sharron Gunn	Lynne Kuz	Valerie MacAulay	Gail Murdoch	Fiona Rennie
Judith Taylor	Fabienne Thompson	Angela Wallace	Catherine Wilson	
Carnethy HRC				Team Nos 146
Phillipa Headley	Kate Friend	Lyn Wilson		
Central AC			Team Nos 147,148,149,150,151	
Morag MacLarty	Fiona Thompson	Emma Waterhouse	Claire Houston	Fiona Kelsall
Jane Waterhouse	Ainsley Normand	Stephanie Loach	Jennifer Emsley	Alison Docherty
Polly Harrison	Kayleigh McGurk	Katie Whitehouse	Alayne Finlay	Mary Kerr
Corstorphine AAC				Team Nos 152,153
Eve Ritchie	Corrie Roberts	Susan Johnston	Pauline Kell	Phyllis Mitchell
Megan Smith				
Edinburgh AC			Team Nos 154,155,156	
Lianne Logan	Debra Murray	Joanne Thom	Sarah Hood	Lauren Stoddart
Marietta Beal	Sharyn Ramage	Hayley Ovens	Karen Dobbie	
Falkirk Victoria H				Team Nos 157,158
Janette Stevenson	Christine Eadie	Lorna Dewar	Michelle Russell	Elaine Thomson
Kirsty Moore				
Ferranti AAC				Team Nos 159
Siobhan Sellar	Elizabeth Gilchrist	Claire Gilchrist	Julia Drewer	Moira Nicol
Fife AC			Team Nos 160,161,162,163,164,165	
Sandra Aitken	Innes Bracegirdle	Lorraine Brown	Louise Burt	Sarah Cullen
Lisa Gamble	Ailsa Hall	Angela Howe	Claire Jarvis	Liz Killean
Anita Laidlaw	Sarah Legge	Anne Lloyd-Evans	Fiona Lothian	Jennifer MacMaster
Dorothy McCracken	Varry McCullough-Young		Margaret McLaren	Sophie Mullins
Morgan Murphy	Johanna Paananen	Irene Pennycook	Kate Pether-Smith	Louise Provan
Anna Radons-Harris	Hilary Ritchie	Sandra Robertson	Carrie Ruxton	Jocelyn Scott
Helen Sharpe	Lorna Sibbett	Catharine Sinclair	Lynne Stephen	Susan Thomson
Fiona Walker	Morgan Windram-Geddes			
Gala Harriers			Team Nos 166,167,168	
Katy Anderson	Fiona Dalglish	Gillian Duncan	Rachel Fagan	Angela Foss
Melanie Goodson	Leanne Haining	Karen Haldane	Gillian Inglis	Kate Jenkins
Dianne Lauder	Ruth McCann	Eileen Nicol	Andrea Pogson	Karen Renton
Susan Howell	Shelagh King	Caroline McDermott	Anne Purves	

Hunters Bog T

Emma Baker
 Claire Gordon
 Deborah MacDonald
 Sandra Rathjen
 Aileen Wood

Jess Batterham
 Miranda Grant
 Morag McCracken
 Janice Smith
 Megan Wright

Susan Howell
 Jane Hart
 Alison C McNeillage
 Margaret Spalding
 Sula Young

Team Nos 169,170,171

Christine Buckley Karen Clarke
 Alex Kilgour Isobel Knox
 Megan Mowbray Eilis O'Neill
 Claire Ward Eilidh Wardlaw
 Louise Cruickshank

Lasswade AAC

Lorna Rice
 Chanelle Buchan

Margaret Imlah
 Nicola Bird

Nicola Murray
 Jill Bonthron

Wilma Kerr
 Johanne Turnbull

Team Nos 172

Ashley Kennedy

Lothian RC

Mhairi Inglis
 Saran Jones

Sarah Inglis
 Jill Horsburgh

Edel Mooney
 Rosemary Ewing

Christine Milne
 Helen Murray

Team Nos 173,174

Carol Mabon
 Marie Storrie

Pitreavie AAC

Rebecca Burns
 Siobhan Coleman
 Sarah Ross

Louise Dallas
 Ashleigh Murray
 Lynn Clark

Sharon Lamont
 Donna Clark

Pam Gilfillan
 Alison Whyte

Team Nos 175,176

Jayne Clark
 Helen Kane

St Andrews Uni

Gardner Moore

Megan Crawford

Kylie Rodier

Sarah Moreland

Team Nos 177

Chrisie Borg

Team East Lothian

Ruth Watson

Julie Oswald

Anne Hay

Rhona Anderson

Team Nos 178**Teviotdale Harriers**

Pamela Paxton

Gillian Young

Catriona M Young

Donna Inglis

Team Nos 179,180

Sylvia Grieve

Senior/Junior Men
3 X 4,000metres
Race Starts 2.30pm

Aberdeen AAC

Ross Fulton
Frank Boyne

James Joy
Benjamin Hukins

Rory Leslie
Bob Thornhill

Mark Haskett

Team Nos 1,2

Myles Edwards

Carnegie H

Ian Johnston
Lewis Lawson
Iain Taylor
Scott Bradley
Kenny MacDonald
Tim Walker
Allan MacAulay

John Fulham
David Simpson
Mike Harvey
Peter Simpson
Colin Reynolds
Nicholas Weir
Clive Cable

Peter Humphreys
Ian Stewart
Allan Fotheringham
Alan Cockburn
Andrew James
Campbell Reid

Stephen Greer
Simon Plummer
Dennis Howett
Robbie McKenzie
Iain Thomson
Ryan McKenzie

Team Nos 3,4,5

Thomas Lawrence
Andrew Symonds
Steven King
Andrew Durham
Phil Smithard
David MacLean

Central AC

Scott McDonald
Ross Houston
David Hay
Philip Hendry
Ian McDonald
David Armour
Graham Harvey
Hugh Kerr
Stuart Watson

Alexander Hendry
Alasdair Anthony
Cameron Campbell
Murray MacLarty
Jamie McDonald
Kyle Cowie
Will Hensman
Miguel Merayo
Alan Hume

Robert Russell
Michael Wright
John Millar
Sean Reilly
Hugh Buchanan
Liam McCabe
Gavin Noble
Philip Williams
Philip Sweeney

Team Nos 6,7,8,9,10,11,12,13

Alastair Hay
Alex Milne
Lewis Millar
David Lindsay
Alan Gall
Jonathan Tolson
Ewan Jack
Robert Wiseman
David Eiser
James Drummond

Corstorphine AAC

Kris Berry
David Colman
Michael Anderson
Graeme Gow
Martin Caldwell
John O'Hara

Douglas Selman
Dean Carr
Grant Wilkie
Steven Blair
Paul O'Brien
Mike Malcolm-Smith

Scott Pilkington
Peter Hubbard
Nicholas Brown
Bruce Malcolm
Martin Hulme
Alex Cumming

Team Nos 14,15,16,17,18,19

Christopher O'Brien
Keith Hood
Calum McKenzie
Jan-Bert Van Den Berg
David Henderson
Andrew MacDonald
Bryan Clark
Timothy Norwood
John Christy
David Law

Dundee Hawkhill

Neil Gunstone
Desmond Crowe
Ritchie Nicols

Graeme Oudney
Stephen Mason

Joe Symonds
Stephen Borland

Charles Haskett
John Castle

Team Nos 20,21

Stuart Kerr
Ged Keane

Edinburgh AC

Roger Alsop
C Black
M Fraser
Scott Innes
Keith Lyall
Mark Mitchell
R Riddell
Grant Stewart

Dermot Bailie
Stephen Booth
Alistair Hennessey
Marek Jurasinski
Juan Mareque
Nigel Munro
Garry Robertson
Eric Stevenson

Graham Beal
Keith Dunlop
Richard Hope
Stephen Lisgo
R Mathieson
Ryan O'Hare
W Rubie
Neil Thin

Team Nos 22,23,24,25,26,27,28,29

Matthew Bell
Martin Ferguson
Brian Howie
Andrew Laycock
Richard Meade
Lars Ottemoller
A Scott
Adam Ward
Neil Calder
Stewart Fraser
Yujiro Iida
Seamus Keely
Alex MacEwen
Adam Priestley
Darren Steel
Iain Whitaker

Jonathan Whitehead	S Wales	Cliff Young		
Edinburgh Uni				Team Nos 30
Duncan Coombs	George Ashley	Scott Wallace	Huw Jones	
Falkirk Victoria H				Team Nos 31,32,33
John Denholm	David Bunyan	Colin McCluskie	Stephen Moore	Andrew Gibson
Mark Picksley	William Higgins	Andrew Ronald	Alasdair Stewart	John Martin
Alexander Davidson	David Robertson	George Thomson	Colin D Thomson	Brian Casey
Kenneth Collins				
Ferranti AAC				Team Nos 34,35
Edward McDonald	Grant Sellar	Keith Weston	John Gavin	Trevor Ridley
Ross Anderson	Robert Miller	Keith Nicol	Neil Jones	Alan Young
Derick Burgess	Walter Fairnie			
Fife AC			Team Nos 36,37,38,39,40,41,42,43	
Bryce Aitken	Andrew Barker	Graham Bee	Graham Bennison	Ken Berry
George Black	Thomas Bowie	Andrew Brierley	Colin Brown	Daniel W Clarke
James R. Close	Brian Cruickshank	Stewart Davidson	Nigel Fowler	David Francis
Douglas Gunstone	Mark Harris	Ian Hawkins	Jacob Howe	Martin Hutson
John Kay	John Keenlyside	Graham Kirby	Matthew MacPherson	Neil Martin
Frank McLaren	Alan McLeod	Kenneth McLeod	Ron Mill	Michael Mitchell
Terry Mitchell	John Murdoch	Steven Pennycook	Gary Pirie	Ian Poolman
Frank Popham	Roger Rees	Leonard Rhone	Paul Roarty	Alastair Robertson
Douglas Robertson	Christopher Russell	D.Melville Scobie	Craig Ross	Tom Scott
Steven Shanks	Bill Smith	Graeme Stewart	James Taylor	Jez Tomlinson
David Weir	David Smyth	Jim Woodburn		
Forfar Road R				Team Nos 44
Ewan Greenhill	Ronald Milne	Nairn Duguid	Rory Fair burn	Jack Stephen
Stewart Irving				
Gala Harriers				Team Nos 45,46,47
Graeme Murdoch	Euan Jardine	Derrick Brydon	Gregor McAneny	Martin Clarke
Anthony Lunn	Alistair Wright	Thomas Knox	Davey Darroch	Magnus Inglis
Alistair Laurie	Will McDermott	Graham Pogson	Tony Westbury	
Harmeny AC				Team Nos 48
Thomas White	Robert Turner	Paul Houston	David Gibson	Alan Kerr
Gavin Orr				
Hunters Bog T			Team Nos 49,50,51,52	
Duncan Baker	Stewart Barrie	Daniel Beckett	Steven Cairns	Ian Campbell
Colin Farquharson	Dan Gay	Allan Gordon	John Hampshire	Alistair Hart
Craig Hunter	John MacPherson	Will Mair	Paul Manson	Ian Marshall
Craig A McBurney	Pete McLelland	John McKay	Billy Minto	Geoffrey Mitchell
Philip Mowbray	Donald Naylor	Ivor Normand	Jon Rathjen	Mark Roberts
Geoff Simpson	Murray Strain	Jamie Thin	Robin Thomas	Ray Ward
Julian Warman	James Williamson	David Wright	Rupert Nash	

Lasswade AAC

Ben Mitchell
Neil Rutherford
Daniel Mulhare
John Murray

Barney Phillips
Dean Philip
Scott Anderson
Daryl Philip

Alan Cummings
Kirk Smith
Alan McFadden
Kenny Valentine

Ross Finlayson
Richard Connor
David Ramage

Team Nos 53,54

David Veitch
Martin Gore
Russell Craig

Lothian RC

Graeme Ackland
Scott Nelson
Scott Fraser
James Alexander

Harry Mulholland
Kenton Jones
David Bell
John Ewing

Ross Milne
Mike Lieberman
Darren Thomson
Robin Galloway

Alex Agnew
Jim Salvage
Robert Inglis

Team Nos 55,56,57

Mark Kassyk
Richard Docherty
Brian Turner

Pitreavie AAC

Barry Davie
Sean McQueen
Tom Fleming

Neil Maclachlan
Paul McCloskey
Colin Simpson

Archibald Duncan
Kenneth Anderson
Derek Simpson

Jeff Farquhar
Colin Beveridge
Andrew Le Good

Team Nos 58,59,60

Alex Keenan
Graeme Crane
Craig Robertson

Portobello RC

Andrew Jeske
Gerard Scullion

Jonny Lawson
Scott Jarvie

Alan Aitchison

Ian Goode

Team Nos 61

William Jarvie

St Andrews Uni

Ben Shaps
Russell Hall

Myles Bax
Andrew Duncan

Tom Cunningham
Rich Harker

Chris Martin
Neil Graham

Team Nos 62,63

Alex Gnanapragasm
Joel Glassman

Stirling Univ AC

Thomas Paskins
Jed Bartlett

Andrew MacKenzie

Andrew Gibson

David Reynolds

Team Nos 64,65

Alex Jones

Team East Lothian

Stuart Hay
Neil White

Ian Sills

Ian Rowland

Stuart Symington

Team Nos 66

Sandy Wallace

Teviotdale Harriers

David Cavers
Francis Cannon

Alister Biggar
Keith Brown

Craig Grieve
Raymond Jaffray

Team Nos 67,68

Alan Inglis
Wayne McIntosh

Iain Williams